

IFYE NEWS

The Official Publication of the IFYE Association of the USA, Inc.

January 2015



IFYE Greetings and Best Wishes for a Wonderful 2015!

One of the last acts of the IFYE Board at the December 2014 meeting was to give a shout out to those individuals leaving the Board after many years of service. In December, eight individuals said farewell to the Board. They are: Betty Stephenson, Mildred Weidemann, Dick Wagner, Marj Loyd, Dale Yonker, Marla Peterson, John Wells, and Connie Fukudome. Combined, these eight

individuals provided over 100 years of service to IFYE through Board work. That is dedication!! Several of these people have served as President of either the Foundation or the Association, or both! If you have a chance to tell them "Thank You" for their dedicated service, I am most certain they would appreciate hearing from you.

But, do not think for an instant that these eight individuals are finished with IFYE. Oh no, we have asked them to return to serve on committees and continue activities to support IFYE. The same thing can be said of anyone with an interest in the IFYE Program or the IFYE Association. If you have an interest in a particular area of the program or Association work, please let us know and we will find a niche for you!! It is very simple to reach us via the website. (http://ifyeusa.org) We look forward to hearing from you.

By the time this newsletter reaches your mailbox, we will have five new Board members attending to IFYE business. Below is a brief introduction of each.

Thomas (Tom) Hein (1980 IFYE from Indiana to Denmark) Tom and his family reside in Indianapolis, Indiana where Tom is employed by Eli Lilly and company. Tom has expertise as a global financial controller and in doing business strategy and execution audits among other things.

Dr. Nancy Maxwell-Rich (1967 IFYE from Illinois to India) She now resides in Corvallis, Oregon. Nancy is retired from her years in work in community college education within the areas of college leadership, business/vocational education, and human development.

Jack Morse (1963 IFYE from Michigan to Mexico) Jack now resides in Harrison, Michigan for most of the year but spends three winter months in Ft. Myers, Florida. Jack retired as an Associate Professor of Chemistry and Physical Sciences at Mid-Michigan Community College.

Dr. Nancy Walker (1976 IFYE from Pennsylvania to India) Nancy lives in Newport, Pennsylvania and works as an independent consultant/trainer for International Development NGOs, Educational Institutions and Agricultural Organizations.

Jeffrey Miller (1986 IFYE to New Zealand from Ohio) Jeff now lives in Brownsburg, Indiana and owns Innovative Leadership Solutions which provides consulting in leadership, strategy, change, collaboration, and facilitation.

The Board welcomes these five new members who come to us with fresh ideas and perspectives and untapped IFYE energy!!

The IFYE Association continues to finalize agreements with both State IFYE Associations and with those states whose 4-H Leadership continues to support the IFYE Program to bring a degree of consistency and uniformity to the IFYE Program. As new State IFYE Associations are rebuilt or built for the first time, they will be able to come under the umbrella of the IFYE Association of the USA, Inc. for insurance coverage, assistance with fundraising and programming. Slowly, we are gaining new State IFYE Associations, one of the building blocks of a premier IFYE Program.

Many of the nuts and bolts for internal functioning of the IFYE Association are now in place or nearing completion. Keith Ferris, Vice President, has worked tirelessly to get the website up and running. Keith also led the taskforce on implementing a new data management system called Aceware and furnished to IFYE by Chuck Havlicek, a Nebraska IFYE. Because of the work on both the website and the data management system, we can more efficiently send emails, update data, and stay in contact with members.

Remember when you were told as an outgoing IFYE that you needed to remain "flexible" and that you would need to adjust to "change"? Well, that remains true for the IFYE Association! We have made major internal improvements in the last four months as we continue to work on those more public sides to the IFYE Program. More change is coming!! We are thankful to have your support and five new, creative Board members! Keep an eye on the website and watch your inbox for IFYE news and updates. And most importantly, let us know what you would like to do to support this growing IFYE Program!!

Betty Jo Smith-Roberts President



2015 National IFYE Conference June 17-21 -- Atlanta, Georgia Hotel: Westin Atlanta Airport

View pages 6-8 for registration form and more details.

ifyeusa.org

IFYE NEWS - Jan 2015

2015 IFYE Finances

The IFYE Board desires to increase outbound participation to 100 IFYEs annually. Without the infrastructure once provided by the Cooperative Extension Service, this is a tall order and will require funding from IFYE alumni, foundations, corporate sponsors and other individuals.

The 2015 projected revenue needed for sending 25 outbound IFYEs is \$550,000. As of this writing, \$83,390 has been donated. There is still an approximate \$467,610 needed. While that seems like a huge amount of money, it is only \$150 per IFYE Alumni! Admittedly, some IFYEs may not have the financial capability to contribute \$150 to IFYE; therefore, any amount is acceptable. And, there are certainly some IFYEs that can contribute multiples of the \$150. Please consider donating as your heart desires and your finances will allow. A complete budget for 2015 for your review is available upon request.

If you have concerns, ideas, and suggestions please contact the Development Director (adeisher@bex.net) or the IFYE Finance Committee Chairman, Keith Ferris (ferriskd@hotmail.com). Please use the clip-out section below to return your donation.

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With your help, we will continue to provide international exchange programs, promote cross-cultural education & global awareness.								
Annual Membership (per calendar year) \$30.00								
Additional Gift: \$								
I have enclosed my check Total \$ payable to "IFYE Association of the USA"								
Please charge my credit card Total \$Master card Visa Discover AmEx								
NAME OF PERSON(S) for whom payment is made:								
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SIGNATURE: PHONE: ()								
NAME on card: EMAIL:								
ADDRESS:								
CITY: STATE: ZIP:								
Please pay online at http://ifyeusa.org OR mail form with payment to: Michael Coates 4193 Riverview Rd Cedar Rapids, IA 52411-7943								

IFYE Website Update

Keith Ferris, Vice President

The IFYE Association Board encourages you to visit the site often to keep up-to-date on IFYE information. The address to get on the site is the same as before http://ifyeusa.org. We are in the process of working on the design of the custom website which will give it a different look.

"Paid Member" Area of the Website

The "Paid Member" area gives you one-stop access to IFYE Association information such as Board Minutes, Association Bylaws, and Policies and Procedures. You can also update your personal information to include change of





address, phone number, and email address. This will assist the Association in keeping your information in the IFYE database current and accurate.

If you are a life member or have paid your 2015 membership, you can access the "Paid Member" area of the website. If you have an email address registered with IFYE, you should have received an email last year from IFYE giving you information on how to access the "Paid Member" area of the website. *Email addresses that bounced are in the process of being corrected. Upon confirmation of corrected address, the individual will receive the missed email.*

Need sign-in information to access the "Paid Member" area of the website? If you are a life member or have paid your 2015 membership, please

- Go to the IFYE website, http://ifyeusa.org
- Click on "About Us" in the navigation bar,
- Then click on "Contact Us" and send us a message.

We will respond to you by email with your personal sign-in information.

Become a Paid Member

If you want to become a paid member, please pay your 2015 membership ... go to "Membership" in the website and fill in the appropriate information. By paying your 2015 membership, you will have current access to the "Paid Member" area.

Individual annual memberships are \$30.00 per year. (Life members are not required to pay annual memberships)

(Life members are not required to pay annual memb

Have photos for the website?

The website could also use some great IFYE photos. Please send any you may wish to share to Keith Ferris, **kferris@ifyeusa.org** in **JPG format.**

IFYE ASSOCIATION BOARD of DIRECTORS (2015)

Association Board Officers:

President: Betty Jo Smith-Roberts
Vice President: Keith Ferris
Treasurer: Norma Wu

Associate Treasurer: Mike Coates

Secretary: Dottie Nelson

Immediate Past President: Dick Wagner

Association Board Members:

Tom Hein
Gary Heusel
Nancy Maxwell Rich
Jeff Miller
Jack Morse
Lyn Scott
Nancy Walker
Elaine Watson

Laughter is the Same in Every Language.

Monica Mitchell (MT to UK/Greece 2014)



Me at the Acropolis in Athens, Greece

After graduating from Montana State University in May of 2014 with a BS in Animal Science, the next adventure in store for me was to travel for 6 months with the IFYE program to the United Kingdom and Greece. I stepped onto the plane in June, not sure what to expect at my first destination (Edinburgh, Scotland). When I stepped off the plane in December, back in the USA, the past 6 months had been an experience of a lifetime!

United Kingdom

While in the United Kingdom, I was hosted by members of the Young Farmers Association. This association is for people ages 15-30 who have an interest in agriculture. I found the clubs in this organization to be a tight-knit group of people that become good friends. The Young Farmers participate

in many events and competitions. The biggest competition between Young Farmers Clubs in Scotland is tug-of-war. Members often have to try out for teams and train for this competition. At contests, the teams have a strategy and a coach!

My first destination was Scotland where I met 11 other IFYEs from all over the world coming together to share the same experience. We traveled together throughout Scotland staying with host families and spending a week at the Royal Highland Livestock Show, one of the largest shows in the UK.

Then, it was on to Northern Ireland where I was able to participate in the festivities of the 12th of July. This day celebrates the victory of Protestant King William of Orange over Catholic King James II at the Battle of the Boyne.

I continued on to Wales to attend the Royal Welsh Show, another large livestock show in the UK. After the show, I stayed in Presteigne, Wales near the English border. There, I was able to attend the National Sheep Association Convention and learn about many of the policies of the sheep industry in the UK.

- The United Kingdom has suffered through many disease outbreaks and therefore the animal agricultural policies are very thorough and in depth. Every farmer has to keep a detailed record of each animal in their possession. Every time the animal is moved, it must be documented. Many farmers rely on government subsidies. Because of this, farmers must be in compliance with all of the agricultural policies that apply to them. The paperwork is often overwhelming. The kinks are still being worked out of these policies.
- One of the many talks I attended while at the National Sheep Association Convention was for farmers to come and talk to government officials about what was working and what wasn't with the agricultural policies and how to better improve them.
- The newest policy dealt with the identification tags for sheep. They are moving to having 2 tags, one of which has to be an electronic identification (EID) tag that can be read at the livestock markets. Farmers must register their stock to an online database for this to work. This caused many concerns from the farmers at the convention.

• Another area of huge concern for cattle producers in the UK is Tuberculosis (TB). Cattle have to be tested yearly for the disease. If an animal in the herd tests positive, the farmer can no longer sell at the livestock markets and has to be retested in 30 days. Badgers are thought to spread the disease; so farmers want to get rid of this animal. However, many environmentalists do not want this to happen causing conflict between the two groups.



My last stop in the UK was in Newton Ferrets, County Devon, England where I stayed with a lovely family that farmed right down to the sea! Shown here - Combining the wheat.

Greece

I stayed at the American Farm School in Thessaloniki, Greece for the second half of my IFYE trip. The phrase "It's all Greek to me" was very true for the first few weeks. At the school, I helped teach American culture and English as a Second Language all while trying to learn some Greek phrases.

The American Farm School - http://afs.edu.gr - in Thessaloniki, Greece is one of the only boarding schools in Greece that has a farm aspect. At the American Farm School, you will find a high quality dairy cow facility along with poultry barns, vineyards, and



One of the classes in which I helped teach English as a second language at the American farm school - I am center to right of cross on the flag.

olive groves. There is also a horticulture section that grows mainly vegetables such as beets and broccoli. In addition, the school has milk processing facilities and a winery.

Students spend a fair amount of their school days out on different parts of the farm, along with time in the classroom. Within the American Farm School, there are two different tracks:

• The General Lyceum (GEL) program prepares students to go to universities. With the special connection this school has

with the US, within the GEL program, there is a sub-track called Study USA and is geared to helping students who want to attend university in the US. The school helps the students in this program prepare for exams such as English proficiency and the SAT. It also helps them through the application process. Paired with the American culture classes taught by the American Fellows, this helps the students to prepare for college life in the US as well as familiarize them with US holidays and traditions.

• The Technical Lyceum (EPAL) program is the program that I worked with the most. The students in this track spend more time on the farm gaining practical experience. Students graduating from this program often go to university in Greece or trade schools, or go back to the family farm. Many students in the EPAL program come to the American Farm School from all over Greece, including many of the islands.

The people I met in Greece were some of the nicest people I have ever met. I was able to accompany students to their homes where I learned more about their culture on the weekends.

The people of Greece tend to have a very giving culture. On students' name days and birthdays, they would bring in candies to give away and not expect to be given a gift. Additionally, Greeks eat later in the day than the average American. Their dinner time is usually after 8 pm and can sometimes be as late at 10 pm. Many shops will close from 3-7 pm and then be open from 7 pm-12 am or later. So, if you are planning on going out in Greece, you will be the only one out if it's before 10 pm, and be prepared to stay out late into the night or early into the morning. Many of the bars and clubs do not close till 5am or later. Greeks often will go out to



One weekend, I visited a family farm that had 1,000 milking goats! Boy, was I impressed! (The milk is used to make feta cheese.)

breakfast before going home after a night out.

Greece also has many delicious foods. The most well-known food is probably the Gyro (pita bread, thinly sliced pork that has been slowly roasted, onions, tomatoes, tzatziki sauce, and sometimes French fries). Other foods common in Greece are freshly baked bread with olive oil, baklava which is a dessert, and feta cheese which is served with almost every meal.

Laughter is the Same in Every Language

I first came up with this quote while backpacking and hiking with a group of college students in very rural parts of Nepal. There were many local dialects and so communication by language was often difficult. One thing I began to realize is that when the kids laughed, we knew they were happy and having fun. The same with us.

This phrase has always been true no matter where in the world I have traveled. I had many misunderstandings with language in Greece, the UK and even with the other international delegates, but I always understood laughter.



International delegates taken in Scotland at the Kelpies monument (commemorating horse powered heritage across Scotland.)
Front row (laying down) Johannes Kong (Austria),
Middle row (L to R) Liam Barton (Ireland), Amber Bucknell
(USA), Andrew Wiffin (New Zealand),
Back row (L to R) Lena Kekkonen (Finland), Hein Daniels
(Wales), Ellie Robinson (Wales), Young Farmers Representative,
Myself - Monica Mitchell (USA), Caroline Barlow (England),

Doris Scholl (Switzerland), Melinda Hyland (Tasmania)



Greece

FYE

2015 National IFYE Conference

June 17-21, 2015
Westin Atlanta Airport, Atlanta Georgia
4736 Best Road
Atlanta, Georgia 30337



CONFERENCE & HOTEL REGISTRATION:

Conference Registration

Please print the conference registration form or register on line at http://ifyeusa.org for conference activities and optional tours, (tour descriptions are on a separate page).

Conference Headquarters/Hotel Reservations

Conference headquarters will be at the **Westin Atlanta Airport Hotel** in Atlanta, Georgia.

NOTE: As of Jan 1, 2015, the conference single or double rate will be \$99 per room per night plus 15% room tax. Triple or Quad occupancy rates are \$129 per room per night plus 15% room tax.

Hotel Reservations must be made by May 22, 2015 to guarantee room rate.

To make reservations:

Call **1-888-627-7211** and indicate IFYE National Conference 2015 to secure the group rate. **Group name = "IFYE"**

ADDITIONAL HOTEL INFORMATION:

http://www.westinatlantaairport.com/

Self-parking in the Westin Hotel lot is \$14.00
 PER DAY per vehicle

• Free Hotel Shuttle

- Westin Hotel Shuttle <u>only</u> goes to the domestic terminal of the airport. From the domestic terminal, you can take the <u>airport</u> <u>shuttle</u> to and from the international terminal.
- Hours: 24 hours; Pick-up times are every 20 minutes at the airport domestic terminal.
- o Travel Time: 6 minutes
- Hotel shuttle pick-up-located at the ground transportation area <u>outside the domestic</u> terminal baggage claim.
- The <u>shuttle is shared</u> between The Westin Atlanta Airport & Sheraton Gateway Hotel
- Free shuttle to the airport for a 15 minute train ride (MARTA) to downtown Atlanta
- Free internet connection in each guest room
- Common Hospitality room in "Martini's Lounge"

ADDITIONAL CONFERENCE INFORMATION:

Conference Information or Questions

For additional information or questions, contact: Betty Jo Smith-Robert

bjrobkan@gmail.com (574-834-2348)

Registration: Open Wednesday 10 AM – 5:30 PM 2015 Live & Silent Auctions at Conference

We look forward to your quality items for the auctions at the 2015 National IFYE Conference in Atlanta. Some ideas include:



- Themed basket by state, region, country, wines, regional foods, travel goodies, etc.
- Individual items new items from your area or country - wines, regional foods, pictures, etc.

Please include a written description of individual items OR what items are in the basket, as well as who is donating the basket or item.

All proceeds from the auctions will support the 2015 Outbound IFYE program.

FRIDAY TOURS: See Tour Description Page

Saturday lunch is "on your own" as, during free time, many will travel to downtown Atlanta to "self-tour" and eat lunch downtown. Free shuttle to the airport for a 15-minute train ride (MARTA) to downtown Atlanta.

"Southern Hospitality Savings Card" Information:

http://www.atlantameetings.com/savings/index.aspx?meetingNum=139375&accountNum=00084788

http://www.atlanta.net/visitors/calendare vents.html

There is no conference charge for Sunday 6/22/14 as all "meals are on your own".

(FYE)

2015 National IFYE Conference

June 17-21, 2015 Westin Atlanta Airport, Atlanta Georgia 4736 Best Road Atlanta, Georgia 30337



(Please use a separate sheet for each conference registrant)

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Hotel Reservation must be made by attendee by 5/22/14, Westin Room Reservations 1-888-627-7211 - "IFYE"			C	Please mail this conference registration form with your check, money order, or credit card information to: Attn: Michael Coates, Associate Treasurer					
Conference Payment - Please place					2015 N	lation	nal IFYE Con	ference	
appropriate registration type and fee in the following chart:					4193 R	livervi	iew Road		
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dinner thru Saturday breakfast and the Saturday ba				319-294-8320					
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If Medieval Times Only – Friday, 6/19 - n	o tour N/0	С		·	ısing you	r cre	dit card at	http://ifyeusa.org	
participation - (transportation to Medieval times is the responsibility of the conference attendee) (Dinner & show is included in Registration Fee).					•	•		c.) and/or requests for	
Children (age 5-12) - request registration information:319-294-8320 mcoates@mo			_						
My additional contribution is enclosed for		\dashv	_						
registration <u>fee assistance</u> for inbound and outbound delegates to attend the 2015 National IFYE Conference: \$50\$100\$350\$ Other			v r J ii	I requests must be made in Idress. Refunds will be est is postmarked prior to ssued after June 1 except I or family emergency. All 75 administrative fee.					
TOTAL CONFERENCE FEES & FEE ASSISTA	ANCE \$								
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IFYE CONFERENCE TOUR DESCRIPTIONS Friday June, 19th Atlanta, Georgia Please submit your tour choice with your reservation

Tour A \$61 - Agriculture

Peaches, Peanuts, Blueberries, Poultry, Beef ... these come to mind when the words "Georgia" and "Agriculture" are placed in the same sentence. While these are some types of agriculture you may think of, there is still so much more! As we take our journey south of Atlanta, we will immerse ourselves into Georgia agriculture and what it has to offer. Our first stop will be **The Rock Ranch**, where we will hear the story of how The Rock Ranch (owned by Chick-fil-A) has utilized its production of produce and Angus beef to educate the public about Georgia agriculture. After a tour and lunch at The Rock Ranch, we will find our next stop not far away, to savor something sweet. **Dickey Farms** is over a century-old peach and berry farm that is open to the public, and deeply involved in bettering the lives for people and families associated with Georgia agriculture. Once finished with these juicy tours, we will hop back on the bus to head back for a true feast at **Medieval Times Dinner Theater**.

Tour B \$70 - Historic

Take yourself on a trip back in time as you venture through the halls and gardens of the <u>Atlanta History Center</u>. Here you will see and learn about buildings, people, and events in history that made Georgia what it is today. Your lunch will be a truly southern treat, as you dine at the <u>Swan House</u> located at the History Center. After leaving the History Center, we will find our way to where history was made. At the <u>Martin Luther King Jr. Historic Site</u>, we will tour where he spoke on multiple occasions and worked to make many Americans' dreams a reality. With the conclusion of the tour at the Martin Luther King Jr. Site, the group will be shuttled to dinner at <u>Medieval Times Dinner Theater</u>.

Tour C \$83 - Entertainment

Lights, Camera, Action! Join our entertainment-themed tour, to learn the "ins and outs" of the city that is thriving with entertainment. We will begin the day by touring a local Atlanta theater, where we will learn the history, and mechanics of such an amazing theater. After leaving the theater, we will have lunch at a local Atlanta restaurant to energize us for our next stop. When we arrive at <u>CNN</u>, energy will be in the air, as we take a set tour and learn how news travels to the millions of Americans' televisions every day. Once we have finished our tour at CNN, we will load up on the bus and be shuttled off to see a show of our own at <u>Medieval Times Dinner Theater</u>.

Medieval Times

Indulge yourself and feast like royalty. As you are served a four-course meal, you can be sure you will be entertained as you marvel the jousting, horsemanship, and falconry happening right before your eyes.

Notes:

The buses will go directly to Medieval Times at the end of your tour.

Conference attendees not on a tour will need to arrange their own local transportation from the Westin Hotel to Medieval Times. When returning to the Westin, bus transportation will be available if desired.

The Medieval Times Dinner Theater ticket is included in the conference registration fee.

CHECK OUT MORE INFORMATION ABOUT THESE TOUR LOCATIONS:

Atlanta History Center http://www.atlantahistorycenter.com

CNN http://www.cnn.com/tour

Dickey Farms http://gapeaches.com

Martin Luther King Jr. Historic Site http://www.nps.gov/malu/index.htm

Medieval Times Dinner Theater http://www.medievaltimes.com/atlanta/abouttheshow.aspx

The Rock Ranch http://therockranch.com

Swan House http://www.atlantahistorycenter.com/exhibit/swan-house

Changes in Life and Annual Membership

Effective January 1, 2015, life memberships and couples memberships will no longer be offered. On behalf of the total IFYE Association, accept our appreciation for your support throughout the years for IFYE.

The life memberships that are already paid will continue to be honored and their benefits will remain the same. You will always be a life member of the IFYE Association of the USA, Inc.

Effective January 1, 2015, annual membership will be \$30.

In order to keep everyone on the same road, common definitions need to be made and used by all in communication, either in print or verbally. In an effort to retain definitions used in the past and only modify them to accommodate the circumstances we will encounter as we expand, grow and change, the following definitions will apply:

IFYE Alumni: Any person that has successfully participated in a host family exchange experience in a foreign country or United States. This would include inbound IFYEs, outbound IFYEs and their parents, and host families that hosted an IFYE.

IFYE Member: Any person that has paid life memberships between 1967 and 2014 or an IFYE Alumni that makes a donation equal to or larger than the current annual membership designated by the IFYE Board. For 2015 that amount is \$30.00.

Voting Member: All IFYE Members as defined above.

IFYE Donor: Any person, organization, group or foundation that contributes money or in-kind donation to the IFYE Association of the USA regardless of the amount. All IFYE Alumni that donate the amount of annual membership or more will automatically be counted as an IFYE Member.

Member Privileges:

- 1. Eligible to vote on IFYE issues that are provided by the IFYE Board.
- 2. Access to the member portal on the IFYEUSA.org website.

Donor Privileges:

- 1. Ability to declare a tax deduction for all donations to IFYE subject to their personal tax situations. IFYE will provide a receipt for all donations for documentation of the gift.
- 2. Recognition and publicity as deemed appropriate by the IFYE Board for the level of donation given.

2015 IFYE Program

Alan Lambert, IFYE National Program Director

The 2015 IFYE program continues to grow. A few highlights include:

- o Eight states are currently reviewing agreements with the national association.
- These agreements outline risk management practices, national standards and requirements, and scholarships.
- o Six additional states are restarting their state IFYE activities. They are becoming organized and are actively recruiting and training outbound representatives and host families.
- A National IFYE debriefing was held in December for the newly returned 2014 IFYEs.
- o IFYE was invited to attend the Agriculture Future of America Conference in November 2014 to share the IFYE program with the collegiate conference attendees.
- Over 112 agriculture students have indicated an interest in applying to be an IFYE representative in 2015 and beyond.
- Continued attendance at several Young Farmers & Ranchers Conferences to promote IFYE.
- o Regular communication with 14 country coordinators.
- o Additional 12 countries in Asia, Central America and Europe offer hope of IFYE expansion.
- o IFYE Orientation for both the inbound and outbound IFYEs will occur at the National FYE conference in Atlanta, GA.
- o IFYE outbound applications for 2015 continue to be accepted.
- o Many cooperating countries will choose their IFYEs in the coming months.

Please take an opportunity to talk to those one or two individuals that you think could be a great IFYE. Your personal contact may be the impetus that spurs them to complete an IFYE application.

"Sometimes you will never know ..."

Amber Bucknell – Idaho to Scotland 2014

One of my favorite quotes by Dr. Seuss is "sometimes you will never know the value of a moment until it becomes a memory." I think of this quote every time I have experienced a life-changing moment.

I've always had a love for travel. For me, it's the excitement I get by stepping out of my comfort zone and learning about another culture. I've found that the best ways to get the most out of an exchange are by being open to trying a different way of life, meeting new people, enjoying beautiful scenery, and finding a deeper appreciation for one's own country and culture.

I arrived in Scotland on June 9th after a 20-hour-long journey from Boise, Idaho to Edinburgh, Scotland. Upon arrival, I was greeted by the Scotlish Association of Young Farmers Clubs (SAYFC) National Chief Executive, Penny Montgomerie, who whisked three other exchangees and me away to the heart of Edinburgh where we would be staying for the next two nights in the Budget Backpackers Hostel.

In the beginning, there were 12 exchangees from all over the world including Austria, England, Finland, Ireland, New Zealand, Switzerland, Tasmania, Wales, and the United States. (See photo on page 5 including most of us.) We spent two full days learning about each other during activities planned by the SAYFC and the Young Farmers Ambassadors of the Scottish Region. Some of the things planned for us were: Craigies Farm, Edinburgh Zoo, the Annual Reception & Dinner for Overseas Delegates, The Kelpies, Falkirk Wheel, and the Glasgow Museum of Transport. In just two days, we were well on our way to becoming good friends. One of my favorite bonding moments happened when we were all eating breakfast together at the hostel on the first morning after we arrived. For breakfast, we had a traditional Scottish "fry-up" that included several new food(s) for many of us. ("Fry-up" = contains a mixture of fried or cooked foods, such as sausages, eggs, bacon and tomatoes.) Talking about food and the differences in our diets snowballed into more conversation topics that brought all of us closer.

On Wednesday June 11th, after spending our day with two representatives of the Young Farmers Ambassadors, we met our first host families. For the first week, all 12 exchangees were spread out in the Lanarkshire District; I was hosted by the Stewart family who are part of the Lesmehagow Young Farmers Club. Laura and Anna Stewart taught me a lot about the Young Farmers program, introduced me to several Scottish traditions, icons and words, helped me meet new people, and most of all they made me feel comfortable and at home. Laura and Anna had a lot of excellent plans for my stay: Lanark's Lanimars Day, Lanark's market, dairy stock judging, farm tours, shopping in Glasgow, a 21st birthday celebration, a dodgeball tournament and dance, a car treasure hunt, castle tours, sheep shearing and lots of sunbathing thanks to the good weather. It was with Laura and Anna that I was pushed out of my comfort zone and put into a different way of life that was faster, impromptu and more sleep-deprived than mine. Some of the events were coordinated with the other clubs hosting exchangees, so all 12 of us were able to spend more time together during our stay in Lanarkshire.

On Wednesday June 18th we found ourselves back in Edinburgh at the Budget Backpackers Hostel. We spent the evening in anticipation of what the next four days would be like at the Royal Highland Show, and let me tell you I don't think any of us came close to the reality. We each had our own interests at the show; some of us wanted to spend more time in the livestock and agricultural areas, others wanted to see the arts, crafts and shopping marquees, and others fancied socializing with other young people more than

anything. I set a personal goal to attend more of the educational and cultural elements of the show such as the sheep showing and shearing, the Grand Parade, the Grand Prix, the Red Hot Chilli Piper's concert and the after-the-show dance. Also during the show, the exchangees were invited to attend the Young Farmers Chairman's reception and the Young Farmers Alumni reception both of which offered excellent networking opportunities.

After attending the Royal Highland Show, I think many of us, myself included, thought "what can top that?" Well, I think Dumfries and Galloway will be pleased to hear that my week with them was just as good, if not better than my week at the Highland Show. Again, all of the exchangees were split up throughout the district, but this time there weren't any events planned for all of us to see each other again. I was hosted by three different families with members in the Thornhill Young Farmers Club. All of my hosts did an excellent job of taking into consideration my interests when planning activities for me to attend during the week. Some of my favorites included: Drumlanrig Castle, handicrafts night, sheep shedding, sheep shearing, Dumfries market, Jersey cattle farm tour, Dumfries car rally, and a movie night with the girls. One priceless moment that I will cherish forever, is when Gillian, my host, showed me the view from the top of her farm. When I looked out over the valley and took in the beautiful scenery. I had a moment where I felt like my grandfather. who recently passed away, was with me holding my hand.

From Dumfries and Galloway, Andrew Wiffin (New Zealand) and I traveled up to the Ross Nairn and Inverness (RNI) district to meet our next host. Upon arrival, we were greeted by our first host out of four for the week. The MacArthur family are members of the Nairn Young Farmers Club, and they did an excellent job planning experiences for Andrew and me. We were able to participate in

a sheep and beef stock judging contest at their home, see a cheese factory, a whisky factory and Cawdor Castle, cruise around Loch Ness in search of Nessie, and visit the Cairngorm National Park.



Me at Loch Ness searching for "Nessie"

Our next host(s) had other things planned including sheep shearing, a fruit farm tour, shopping, an organic carrot and chicken farm tour, and a local show dance. It was in this district that I developed a deeper appreciation for my own culture. One of my host families was extremely knowledgable about Scottish history, so when learning about the Wars of Independence in the 14th century, I came to realize how fortunate I am to have been raised in such a strong, proud, independent country that is known for its leadership and diversity.

Andrew and I traveled together to East Aberdeenshire on the Sunday going into the fifth week of our exchange; we stayed in separate homes, but spent all seven days together participating in the same activities our hosts had planned. My host, Amy Reid, is a member of the Belhelvie Young Farmers Club. She coordinated the following during my stay: a day with the British Grassland Society. Balmoral Castle, a day out in Aberdeen, Slains Castle, sheep stock judging, a lighthouse museum tour, a hike up Bennachie, deep fried Mars Bars in Stonehaven, Echt tug-of-war competition, Red Hot Chilli Pipers concert, and Echt Show Dance. It was refreshing to be hosted by someone so close in personality to me; Amy and I had some great conversations that helped me confirm some of my observations about the differences between the young people I've met in Scotland and the young people in my community.

During my last week in Scotland, I was hosted by the Lothian and Peebles district who placed me in three different homes throughout the week. For the first night in the district, I stayed in a flat in Edinburgh with a member of the Edinburgh Young Farmers Club; I used my time with her resting and catching up on life back home. After Edinburgh, I stayed on a dairy farm owned by a family with three daughters the Bathgate Young Farmers With this family, I was able to help out on two different farms with basic



Me - helping with milking

farm tasks and milking cows. My host family also took me on a car treasure hunt hosted by their club.

For the rest of the week, I stayed with another member of the Bathgate Young Farmers Club. The Purdon family was extremely generous and took me to so many popular attractions Scotland is known for: Edinburgh Castle, Wallace Monument, and Loch Lomond. We also went to Go Ape!, Edinburgh for bowling, and to the Biggar Show Dance. It was with this family that I started feeling a little homesick because my host's parents reminded me a lot of my own parents, and I felt like I fit in really well with their lifestyle.

Looking back on the past six weeks, I feel confident saying that I followed my own advice well, and did indeed get the most out of my exchange. I was able to meet new people, see new places, try new ways of life, and develop a deeper sense of my own culture. I'd like to say that my favorite thing about my exchange, with the Scottish Young Farmers, was how hospitable all of my host families were; to let a complete stranger in their homes for a few days, and sacrifice their time to help give that stranger an unbelievable experience, was something I will be forever grateful for. I learned a lot about Scotland's history, agriculture and young people--what more could a 21-year-old Agricultural Education student from the University of Idaho want? I only hope that in the future I will be able to host an exchangee, and give them just as good of a time as my host families did for me. I had several great moments that turned into priceless memories and I will cherish them forever!

For fun, I will include a few of my favorites from Scotland:

word: bonnie

animal: Highland Cow tourist attraction: Loch Ness

cultural bits: kilts, bagpipes, cèilidh (pronounced "Kay-

leigh" (cèilidh rhymes with 'bee') - traditional Gaelic social gathering, which usually involves playing Gaelic folk music and dancing

food: Lorne Sausage

Lorne sausages are a very unusual type of sausage, unique to Scotland and parts of the North of England. They are not only skinless but they are served as round or square slices from what is a large block of sausage meat. Lorne sausages can either be made from ground beef or pork but most often, they are produced from a combination of the two.

LORNE SAUSAGE

Ingredients:

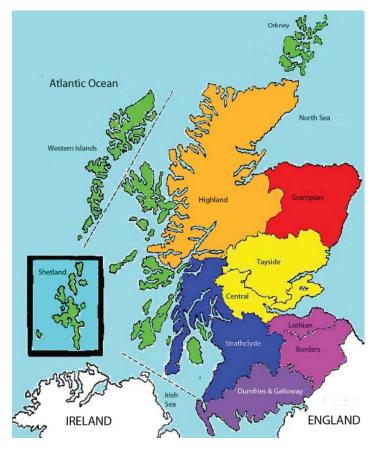
- 2 lbs Ground/minced Beef
- 2 lbs Ground Pork
- 3 cups Fine Bread Crumbs
- 2 tsp Pepper
- 2 tsp Nutmeg
- 3 tsp Coriander 3 tsp Salt
- 1 cup of water.

Method:

The beef and pork should not be too lean or the sausage may be too dry.

Mix really well by hand then place in an oblong pan about 10" x 4" x 3". You might need two pans. Place in the freezer for a little while till it's just starting to set. Remove it and cut them to the thicknes you like and put them into freezer bags and put them back in the freezer. When required, defrost and fry in a little fat or oil until brown and cooked through.

http://www.rampantscotland.com/recipes/blrecipe sliced.htm



Scotland

IN MEMORIAM

Linda (Ahlstedt) Carr (10/01/14) KS Spain 1962 - LM Elizabeth G. Carlson (12/10/14) spouse of Charles D. Carlson (NY New Zealand 1955) Donald W. Force (10/19/14) WY Turkey 1957 E. Lucille (Robinson) Gehres (05/20/14) OH Finland 1953 - LM *Rita (Cole) Hazen (10/22/04)* MS England 1961 - LM Gilbert Hobrock (09/13/14) KS Norway 1956 Elmer O. Holtan (11/13/14) ND New Zealand 1955 Edward J. Kammerer (04/25/11) SD Portugal 1954 - LM Pat and Louise Kilpatrick (8/31/14-**Pat**) (03/01/12 - **Louise**) - Extension June C. McAuliffe (12/02/14) Spouse of Joe McAuliffe Marilyn Ğ. (Merrick) Mitchell (11/24/14) ID Germany 1959 Tom R. O'Dell (03/08/1981) KS Turkey 1965

Joe Price Peden (08/29/14) KY Lebanon 1952

Allene W. (Willson) Pierce (03/16/14) MT England 1952

Marie Rietmann (10/01/14) OR Thailand 1981- LM

Carl F. Ruff (06/10/83) OH Sweden 1952 - LM

David S. Scott (12/07/14) VA Panama 1960 – LM

Hunter N. Spence (01/12/13) VA Thailand 1964

 $LM = Life\ Member$

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Visit: http://ifyeusa.org

2015 Asia Pacific IFYE Conference November 18-25, 2015

Chandigarh, India (A union territory, Chandigarh is about 75 miles north of Delhi and serves as the capital of both Punjab and Haryana states.)

Further information will be shared at the website and later newsletters when available.

Do You Know this IFYE?

In 2009, yes, 6 years ago, the following two IFYE alumni had a discussion by phone with then Treasurer, Art Deisher. Art has forgotten the name of these individuals and has also lost the notes from their conversation. But he remembers some of the particulars of the persons. If you know who they are, or if it describes you, will you please contact Art immediately! It would be appreciated.

PERSON #1: An IFYE male who had gone to Alaska to start a company. The business provided supplies for the pipeline and construction projects in Alaska. This IFYE had recently married and relocated into the lower 48. He and his new bride were enjoying traveling.

PERSON #2: This was a female who lived in the southeast part of the United States, possibly in the Carolinas. She had experience in grant writing and shared some criteria with Art concerning what funders expect in grants.

IF YOU KNOW WHO THESE PERSONS ARE, PLEASE CONTACT ART, ADEISHER@BEX.NET OR CALL AT 937-935-3807. THANKS.



http://meg-findlay.wix.com/ifyeconference2015